**WSU002\_2015\_12\_15**

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| 00:00:05.4 | PT | Yes. [00:00:05.3], so when I went, they had put all these, these, um, wires. They were like, you know, [00:00:14.1] blue, red, yellow wires … |
| 00:00:15.9 | HCP1 | Mm-hmm. |
| 00:00:15.9 | PT | … and stuff. It was like, I was looking like a [00:00:18.6] or something. |
| 00:00:19.8 | HCP1 | I see. |
| 00:00:19.8 | PT | [00:00:19.8] something. You’ve got the [00:00:21.5] so it could stick, because [00:00:24.0] … |
| 00:00:24.0 | HCP1 | I saw. Like a seashell, right? |
| 00:00:25.2 | PT | Oh, but it’s good, yes. So he had me on [00:00:27.7] He said I might die in my sleep, like over 100 times. |
| 00:00:31.6 | HCP1 | Oh, I see. |
| 00:00:32.7 | PT | And I never went back. So, I don’t know if it’s called sleep apnea. What is it called? |
| 00:00:37.4 | HCP1 | Sleep apnea. That’s what it’s called. |
| 00:00:38.4 | PT | Yes. I think that’s what it is. |
| 00:00:40.1 | HCP1 | And when did you get that test? |
| 00:00:43.8 | PT | That was a couple years ago. |
| 00:00:46.0 | HCP1 | A couple years ago. |
| 00:00:46.0 | PT | That was, like, 2012, ’11. I never went back. I was supposed to … |
| 00:00:51.8 | HCP1 | Mm-hmm. |
| 00:00:52.0 | PT | But I didn’t. |
| 00:00:53.2 | HCP1 | And [00:00:53.0] have you had any problem with your sleep? |
| 00:00:56.8 | PT | I wake – I wake up sweating. Since I found out about this, I wake up sweating. |
| 00:01:01.4 | HCP1 | Mm-hmm. |
| 00:01:01.3 | PT | I’ve got the symptoms. |
| 00:01:02.2 | HCP1 | Mm-hmm. |
| 00:01:02.5 | PT | So I wake up sweating. I’ll be hot. And if I stop breathing in my sleep, I can, I, like, wake up trying to – I, I know, you know … |
| 00:01:13.4 | HCP1 | So you know. |
| 00:01:14.3 | PT | [00:01:14.3]. |
| 00:01:14.8 | HCP1 | Okay. |
| 00:01:15.1 | PT | And I wake up out of my sleep, and I can feel myself, my body, get stiff, and I, [00:01:18.6] wake myself up. It’s so scary. |
| 00:01:21.4 | HCP1 | Did it happen, like, every night? |
| 00:01:23.4 | PT | Uh, no, not every night. |
| 00:01:25.6 | HCP1 | Mm-hmm. |
| 00:01:26.4 | PT | And when I get upset, my heart starts beating fast … |
| 00:01:29.7 | HCP1 | I see. |
| 00:01:29.9 | PT | … and I, I do have a sort of problem. I have to, you know, calm down; because I used to, you know, I used to cut myself. |
| 00:01:36.7 | HCP1 | I see. |
| 00:01:38.0 | PT | So, these are the marks. This was in 2009. |
| 00:01:42.2 | HCP1 | Mm-hmm. |
| 00:01:42.8 | PT | I was suicidal. |
| 00:01:43.5 | HCP1 | Mm-hmm. |
| 00:01:44.1 | PT | This, you can’t really tell, because I’ve got [00:01:46.3] covering it. |
| 00:01:47.0 | HCP1 | Oh, I see. |
| 00:01:46.9 | PT | But, I had got it covered up, you know, by a tattoo. So my mama had took me to my social worker and stuff. They were like, do you have a plan to kill yourself. I’m like, no. I just [00:01:59.4], you know, about little stuff, and this situation, I’m so surprised I’m taking it calmly the way I am, because like I explained to you all how my temper is. |
| 00:02:09.4 | HCP1 | Mm-hmm. |
| 00:02:10.3 | PT | So that’s why I’m like, okay, I’m really seeing some changes. I don’t know if it’s good, or me being strong; but I don’t suppose to be taking this lightly. I’m supposed to be going crazy, on my way to jail. |
| 00:02:22.7 | HCP1 | Mm-hmm. |
| 00:02:23.0 | PT | And whoever gave it to me, they’re supposed to be in the hospital. But I don’t want to, you know, take it that far. I value my life more than that. I already got HIV. |
| 00:02:31.3 | HCP1 | Mm-hmm. |
| 00:02:31.8 | PT | What more is it going to do to make me do something stupid, and be in jail? Now I’m locked up for murder, and I’ve got HIV. I’m not, I’m not going to do that. |
| 00:02:39.1 | HCP1 | Mm-hmm. |
| 00:02:39.6 | PT | You know, calmer. [00:02:41.4] it doesn’t matter. |
| 00:02:42.8 | HCP1 | So, because lately, what are you concerned most about your health? |
| 00:02:46.4 | PT | I’m concerned about myself and my life. I was scared at first. I didn’t want to know. But I’m, I value my life so, for that, because I want to be a doctor. |
| 00:02:56.9 | HCP1 | I see. |
| 00:02:57.6 | PT | So I … |
| 00:02:58.1 | HCP1 | And how do you cope with it? |
| 00:03:00.1 | PT | I’m very calm, taking this lightly. I had broke down. I had a breakdown a few times. I was crying so hard my chest was, like, tight; like it was hurting, like, so bad. Like, it was like somebody squeezing it. |
| 00:03:12.5 | HCP1 | Mm-hmm. |
| 00:03:13.1 | PT | I could hardly breathe. And I, I smoke marijuana too … |
| 00:03:17.0 | HCP1 | Mm-hmm. |
| 00:03:17.4 | PT | … you know, to ease away my pain, the way I think. I smoke marijuana a lot, especially since I found out about this. |
| 00:03:26.4 | HCP1 | So how, how much did you smoke? |
| 00:03:28.2 | PT | A lot. Not a lot lot. Not like the – I… |
| 00:03:32.5 | HCP1 | How many times per day? |
| 00:03:34.0 | PT | Uh, I probably smoke, like, eight times, blunts, a day. |
| 00:03:38.5 | HCP1 | Pardon? |
| 00:03:39.2 | PT | Blunts a day. |
| 00:03:40.4 | HCP1 | How, how much? |
| 00:03:41.7 | PT | Like, nine or eight. |
| 00:03:44.1 | HCP1 | Nine. Yes. Mm-hmm. But in the past week, [00:03:47.1]? |
| 00:03:48.8 | PT | But I smoke cigarettes, too. |
| 00:03:51.5 | HCP1 | Mm-hmm. |
| 00:03:52.8 | PT | So I’ve been smoking those a lot, too. |
| 00:03:54.3 | HCP1 | Mm-hmm. |
| 00:03:55.7 | PT | Um, I had some real bad pain this morning, over here. |
| 00:04:02.3 | HCP1 | Mm-hmm. |
| 00:04:04.5 | PT | I don’t know what it was. I was – I, I got syphilis, too. I guess that’s an STD. I don’t know, because I never had it [00:04:09.9]. |
| 00:04:14.3 | HCP1 | Okay. So … |
| 00:04:15.2 | PT | I looked that up. |
| 00:04:18.4 | HCP2 | Can I get his vitals, or are you still meeting? |
| 00:04:20.2 | HCP1 | Uh, can I just … |
| 00:04:22.0 | HCP2 | Okay. |
| 00:04:22.5 | HCP1 | … finish with him? |
| 00:04:28.7 | HCP1 | [00:04:28.7] So [00:04:28.7] So regarding your sleep apnea, the problem with sleep, uh, from one to 10 with 10 being the worst severity that you can get, do, do you think, how, severity for your, like, sleep problem, from one to 10? |
| 00:04:46.1 | PT | I’d say about a six. |
| 00:04:47.6 | HCP1 | Six. Six out of 10. |
| 00:04:49.5 | PT | About a six, because I used to be on a breathing treatment, and I haven’t been on that in years. I think I need to get back on it. |
| 00:04:55.3 | HCP3 | What kind of breathing treatment was that? |
| 00:04:57.4 | PT | Uh, I don’t know. It was like [00:04:58.8] my nose, and it just … |
| 00:05:00.3 | HCP3 | It was kind of a mask with a machine. |
| 00:05:02.2 | PT | Yes. It would, like, go, like, around, and it had, like green … |
| 200:05:06.1 | HCP3 | Okay. |
| 00:05:06.1 | PT | You know what I’m talking about. |
| 00:05:06.5 | HCP3 | Yes. Did they give that to you, then, after you went in for the tests, and you … |
| 00:05:10.7 | PT | Yes. They were supposed to, but I never went back. |
| 00:05:13.7 | HCP3 | Okay. |
| 00:05:14.5 | PT | So, that’s why I breathe so loud. Anytime, like, I sleep, but I’m not, and it’s embarrassing. [00:05:20.9]. |
| 00:05:20.9 | HCP1 | Is it, like, getting worse after you know your diagnosis, or it’s, like, consistently? So it’s getting worse. |
| 00:05:30.6 | PT | I think – I think so. I really can’t tell. It’s, like, the same, but to be sure, I don’t want it to get worse, I want to do something about it now. |
| 00:05:39.6 | HCP1 | Okay. So, since last visit, any fever? |
| 00:05:44.4 | PT | Yesterday my head was hurting so bad. |
| 00:05:47.4 | HCP1 | So yesterday. |
| 00:05:48.3 | PT | I, uh, I have migraines, too. |
| 00:05:50.1 | HCP1 | Mm-hmm. What medication did you use for migraine? |
| 00:05:55.1 | PT | Really, I don’t really like taking medicine. I just deal with the pain. If I have a headache or whatever, I just deal with it. But now that – with HIV, I have to, you know, take medicine. I don’t have a choice. But now, since I’ve got to take the medicine for – for my HIV or whatever, I’ll take stuff for my head if I have to. |
| 00:06:12.7 | HCP1 | So currently you don’t take any medication for your headache. |
| 00:06:16.7 | PT | No. I took a Motrin. I do take a Motrin. But before that, [00:06:22.3] I don’t take – but I needed [00:06:24.8]. |
| 00:06:24.8 | HCP1 | Did the Motrin help? |
| 00:06:26.7 | PT | Huh? |
| 00:06:27.1 | HCP1 | Motrin – Motrin helped, right? Do you think? |
| 00:06:29.5 | PT | I don’t know. Like, I take Motrin, Tylenol. I don’t know which one [00:06:32.6]. So I can’t really know, tell, which, when it hurts. So I smoke some marijuana, and [00:06:41.8]. |
| 00:06:42.5 | HCP1 | Okay. But no fever since last month. |
| 00:06:47.1 | PT | No. I haven’t had a fever. I vomited. I threw up. |
| 00:06:49.8 | HCP1 | Any ER visits? Any hospitalizations since last visit? |
| 00:06:55.5 | PT | Huh? Excuse me? |
| 00:06:56.1 | HCP1 | Any, any ER visit, any hospital admission, since your last visit? |
| 00:07:02.7 | PT | I don’t think so. |
| 00:07:03.3 | HCP1 | No. Very good. |
| 00:07:12.7 | HCP3 | [00:07:12.7] before I forget. |
| 00:07:14.7 | HCP1 | So regarding the back pain, normally it happens, like, every day; or it just, like, it depends. It’s every day? |
| 00:07:27.5 | PT | Okay, say that again. |
| 00:07:28.8 | HCP1 | For your back pain. |
| 00:07:30.3 | PT | Oh. Um, yes, I, like, all right here, like, it hurts. Really my whole [00:07:35.8]. |
| 00:07:35.9 | HCP1 | [00:07:35.9] |
| 00:07:36.5 | PT | Like my legs. [00:07:37.9]. |
| 00:07:39.6 | HCP1 | Did you happen to lift something that’s heavy? |
| 00:07:42.2 | PT | No. I wouldn’t have to be doing that [00:07:43.5]. |
| 00:07:44.6 | HCP1 | Or, you have been standing for a long time? No. Okay. |
| 00:07:49.7 | PT | It hurts out of the blue. [00:07:53.7] |
| 00:07:56.5 | HCP1 | Mm-hmm. And about sexual activity: Are you sexually active? |
| 00:08:03.1 | PT | No. I haven’t. I mean I am, but I haven’t done it. |
| 00:08:06.0 | HCP1 | Mm-hmm. When was your last sexual intercourse? |
| 00:08:08.7 | PT | Like a week ago. |
| 00:08:10.1 | HCP1 | Like a week ago. |
| 00:08:10.7 | PT | [00:08:10.7] being with. |
| 00:08:14.6 | HCP1 | And still with the same partner that you live with. |
| 00:08:19.1 | PT | Mm-hmm. |
| 00:08:19.9 | HCP1 | Did you use a condom? Did your partner know that you have …? |
| 00:08:29.4 | PT | Mm-hmm. |
| 00:08:34.9 | HCP1 | And for the STD, have you ever had an STD before? |
| 00:08:40.5 | PT | Um, before this, I guess I had an STD before, but I didn’t know what it was. |
| 00:08:45.0 | HCP1 | Mm-hmm. And have you had syphilis before? |
| 00:08:48.4 | PT | No, this is my first time. |
| 00:08:49.6 | HCP1 | No, this is your first time. |
| 00:08:50.1 | PT | My first time hearing about it. |
| 00:08:51.2 | HCP1 | So you never treat – got treated with that. |
| 00:08:54.7 | PT | No. Just – HIV and syphilis just came up together. |
| 00:08:57.7 | HCP1 | Oh, okay. |
| 00:08:59.0 | PT | But before the last – before I heard about the HIV and syphilis, the last time I heard about me having an STD, I went and got checked, and they gave me a shot. |
| 00:09:09.9 | HCP1 | Okay. But you got STD before, but you don’t know what type of STD. |
| 00:09:14.6 | PT | Right. They didn’t tell me what kind, what kind. They just told me I had it. |
| 00:09:20.9 | HCP1 | And currently, what do you do for a living? |
| 00:09:27.1 | PT | Nothing. I was in school, but I’ve been looking for [00:09:29.4] so I can get back, because I was [00:09:31.3]. I was trying to get in, like, a nursing program, to work my way to be a doctor. So that’s what I was going to do, but I don’t have no car right now. So, unfortunately, not doing anything. |
| 00:09:48.2 | HCP1 | And, do you still have, like, the suicidal idea, any suicidal plan? |
| 00:09:56.3 | PT | I mean, I’m not going to lie. I do think about it from time to time. Because this is something, something – I’m in this situation that I know I will never be able to get out of. |
| 00:10:06.9 | HCP1 | Mm-hmm. |
| 00:10:07.3 | PT | So, yes, you know, I do think about that. But me actually trying it, actually trying to kill myself again, I don’t think I, I don’t think I would get that far; because first, like I say, I value my life too much. I mean, I’m not about to do that, stupid – I mean, I’m grown now. Then I was, like, 16. I was under age. Now I’m older. You know, I’m mature. I’m not about to do that. – |
| 00:10:37.9 | HCP1 | Can you … |
| 00:10:38.3 | PT | [00:10:38.3] |
| 00:10:38.9 | HCP1 | … access to any vehicle, like knife, gun? |
| 00:10:42.6 | PT | You said what? |
| 00:10:43.5 | HCP1 | Can you access to, like, guns, knives, easily, or …? |
| 00:10:47.3 | PT | Like, what do you mean by that? |
| 00:10:48.8 | HCP1 | I mean, like, in your house, do you have guns, have knives? |
| 00:10:51.1 | PT | Oh, no, no. I do have, uh, two pocket knives. |
| 00:10:54.5 | HCP1 | Mm-hmm. |
| 00:10:55.5 | PT | I’ve got it on me, actually. But my other one is at house, at the house. Yes. I, I don’t, I can’t, I wouldn’t see myself doing that. |
| 00:11:06.6 | HCP1 | Let’s see. Okay. |
| 00:11:08.9 | PT | I wouldn’t be able to. |
| 00:11:10.8 | HCP1 | And for the recreational drug, did you take any alcohol also? |
| 00:11:15.2 | PT | [00:11:15.2] |
| 00:11:15.6 | HCP1 | Like grain alcohol, or … |
| 00:11:16.9 | PT | Yes, I have [00:11:17.4]. |
| 00:11:18.2 | HCP1 | How much do you drink? |
| 00:11:20.0 | PT | I think I had, like, two beers, after I told my mama. That’s when I told her, because I was – like, I needed to. I needed some drinks. I don’t even drink like that. I’m mostly, you know, a smoker; but after I was drinking a while, I ended up telling my mom. |
| 00:11:33.9 | HCP1 | Oh. So you’re not like drinking liquor, just like … |
| 00:11:38.0 | PT | No, I don’t drink liquor like that. |
| 00:11:39.1 | HCP1 | Okay. But … |
| 00:11:39.5 | PT | Occasionally. |
| 00:11:41.0 | HCP1 | … [00:11:41.0] like every day. |
| 00:11:43.2 | PT | Yes, not every day. [00:11:44.5] |
| 00:11:44.9 | HCP1 | And do you think it’s, like, helping with the depression, or it does …? |
| 00:11:49.2 | PT | I mean, I’m not going to say that; but you know, once I get to thinking about it, I do be wanting to, you know, here, have a drink or there. But I know by me being sick, I can’t drink like I used to. So I have no other option but to smoke marijuana. And that helps a lot, to take away my pain. I’ll be listening to my music, [00:12:10.0] just be chilling. I’ll be [00:12:15.8] meditating, or [00:12:17.7] that’s it. So, yes, it helps me a lot. |
| 00:12:22.1 | HCP3 | All right. Do you feel anxiety if you haven’t smoked that day? |
| 00:12:25.0 | PT | Oh, that’s another thing. Yes. The lady – I don’t know her name. She’s – the doctor. She was, like, older, the doctor. And she told me she thinks I got an anxiety problem, because I can’t sleep. I do worry a lot. I barely can eat. |
| 00:12:39.5 | HCP3 | Mm-hmm. |
| 00:12:40.2 | PT | Or whatever. I was like, I – I stress quick. I get depressed quick, especially on stuff like this. But when I smoke weed, it’s like, I will be [00:12:50.2]. |
| 00:12:50.7 | HCP1 | So now it’s like … |
| 00:12:51.2 | PT | I can eat. I get an appetite. I can get sleep. You know, but when I’m sober, like now … |
| 00:12:56.4 | HCP1 | Oh, I see. |
| 00:12:56.2 | PT | … just, my head just be everywhere. Like, I can’t focus, or whatever. |
| 00:13:01.2 | HCP1 | Mm-hmm. |
| 00:13:02.3 | PT | I can’t focus on whatever I’m saying like that. So this is very, this is very stressful. |
| 00:13:09.0 | HCP1 | I see. That’s [00:13:09.9]. |
| 00:13:10.6 | PT | And people don’t understand. Like, they’ll just think I, I’m doing it to be cute. No. Who does it to be cute? That’s not cute anyway. People just do it just to do it, or people just do it to really help them. I’m doing it to really help me, because really, I think I have an anxiety problem. I’ll just be up all times of the night, just be thinking. And I’m an Aries, too. I look up to find signs. It tells a lot. Like, if you look up my sign, it says, like, Aries overthink. It says, you overthink, and I do be overthinking. |
| 00:13:46.8 | HCP1 | But I’m glad that you have your mom to, like, support you. |
| 00:13:49.5 | PT | Yes. Yes. |
| 00:13:50.7 | HCP1 | And you can ventilate [sic] to your mom. |
| 00:13:53.6 | PT | I’m, I’m glad. I’m happy about that. That’s – I’m not going to say I’m happy. I’m happy, or whatever, but I feel so much better. You know, it took a lot of weight off my chest after I told my mom what – I felt so much better. And it was so hard for me to tell he, because she, like, she was like, [XXXX], what is wrong with you? Are you [00:14:12.6] what’s wrong? I’m like, I’ve got HIV. She just shook her head, right? |
| 00:14:18.6 | HCP1 | And we are also here to help you, too. |
| 00:14:20.6 | PT | I appreciate it. |
| 00:14:21.0 | HCP1 | Let me wash my hands, and then we will do a physical exam. All right. |
| 00:14:27.9 | PT | And I’ve had chest pain [00:14:30.0]. |
| 00:14:33.7 | HCP3 | When did that start? Is that new? Okay. Since when? |
| 00:14:42.0 | PT | Actually, for a bit, because he told me that just HIV [00:14:46.9], but he told me that he might have it. You know, about HIV, about, he might have it. So after that, I couldn’t believe it. Like, I told my mom, [00:14:55.9] he could have told you before [00:14:59.1] he could have given you an option to mess with you or not, and you had it. You knew you had it. [00:15:06.1] get involved. We both [00:15:08.8] tell me. So that was kind of – [00:15:12.1] like, wow. My feeling is just wrapped up with this dude, and now I have HIV. How do I go about this? But I never said nothing, because I look at myself as like, I’m so strong, because I keep a lot of stuff [00:15:25.7]. A lot. You know, just, I do not understand. |
| 00:15:29.4 | HCP1 | Yes, that’s great that you think, like, you are very strong. |
| 00:15:32.2 | PT | [00:15:32.2] |
| 00:15:34.0 | HCP1 | Just look into your eyes. Okay. |
| 00:15:51.8 | PT | And I got – my throat is swollen. |
| 00:15:53.7 | HCP1 | Mm-hmm. [00:15:54.8]. Look into your ears. |
| 00:16:01.1 | PT | Um, I had surgery on my ear to take a tube out. |
| 00:16:05.0 | HCP1 | When? |
| 00:16:06.1 | PT | Uh, this was, uh, 2011. I got circumcised in 2008. |
| 00:16:13.0 | HCP1 | All right. But now your ears look good. |
| 00:16:17.3 | PT | This one fell out, but they had to take this one out. |
| 00:16:22.7 | HCP1 | Okay. Your ears look great. Can you open your mouth? Say ah. |
| 00:16:31.4 | PT | Ah. |
| 00:16:31.8 | HCP1 | Okay. Can I look at your tongue? Can you stick out your tongue? Okay, good. Can I feel your neck? Can you swallow? |
| 00:16:58.2 | PT | Mm-hmm. |
| 00:17:00.0 | HCP1 | Okay, good. I’ll listen to your lungs and your heart. Can you take a deep breath for me? In and out. Okay. Good. All right. I’ll listen to your heart. Just breathe normally. Would you please lay down on your back, [00:18:03.9]? |
| 00:18:05.0 | PT | And when I get upset, like, I have problems breathing [00:18:08.2]. |
| 00:18:08.9 | HCP1 | Mm-hmm. |
| 00:18:09.9 | PT | Like, my heart starts beating fast, and then I have to catch my breath constantly. |
| 00:18:15.5 | HCP1 | And how often do you get upset? |
| 00:18:18.2 | PT | Mm, a lot. |
| 00:18:19.2 | HCP1 | A lot. [00:18:20.0]. |
| 00:18:22.0 | PT | Yes. And then I can just be by myself, and I think about me having HIV, and it just puts me in a bad mood. |
| 00:18:29.8 | HCP1 | So when you get upset, are you here with your friends, or anyone; just with yourself? |
| 00:18:35.6 | PT | I’ll usually be with myself or with my, uh, boyfriend. |
| 00:18:53.8 | HCP1 | And this scar: Where did you get it? |
| 00:18:56.4 | PT | I was premature. [00:18:57.6] |
| 00:18:57.6 | HCP1 | Oh, I see. Yes. |
| 00:18:59.3 | PT | … do all of that. Just had stitches, I guess. This right here, there’s this little sore right here. |
| 00:19:17.9 | HCP1 | Mm-hmm. And for all these, what is from …? |
| 00:19:21.0 | PT | Yes. These have been here, but I went to the doctor for it, and, uh, my mama had said something about I might have lupus; but I never got that checked out. I was scared. Because she’s got lupus. Because I do have a bunch of marks on my body. |
| 00:19:43.7 | HCP1 | [00:19:43.7] your back pain. |
| 00:19:48.1 | PT | Like right here. I doesn’t hurt right here, but I’m just sure that’s [00:19:50.9]. |
| 00:19:51.8 | HCP1 | This is, like, from [00:19:53.1] … |
| 00:19:53.1 | PT | When I was – like, this one right here. |
| 00:19:55.3 | HCP1 | Mm-hmm. So it’s around here. |
| 00:19:58.0 | PT | Yes. Sometimes, like, when I walk, and I’m breathing fast, this, this will start hurting when I breathe in. And that will hurt so bad. [00:20:06.6]. |
| 00:20:06.6 | HCP1 | That’s, you said, they’re all here. |
| 00:20:10.9 | PT | It’s crazy. |
| 00:20:12.5 | HCP2 | So mostly when you’re breathing. |
| 00:20:13.9 | PT | Hm? |
| 00:20:14.5 | HCP2 | It’s mostly when you’re breathing in. Okay. |
| 00:20:17.1 | PT | Yes. Like, it will hurt, and I have to breathe in slow. I can’t breathe in normally. [00:20:21.1] I have to breathe in a certain way, and [00:20:26.7]. I don’t know what’s wrong with me. But I’m quick to lose my appetite. |
| 00:20:45.4 | HCP3 | When you have that pain. |
| 00:20:47.4 | PT | When I have the pain, or when I’m stressed or upset, or just quick to lose my appetite, period. |
| 00:20:54.6 | HCP3 | Have you had any changes in your weight that you’ve noticed? |
| 00:20:58.1 | PT | I think I’ve lost a few pounds. [00:20:59.9] 133. |
| 00:21:04.9 | HCP1 | All right. So, we will go back, discuss this, Dr. [Secor], and then come back with her. So what the plan is, that we will do, is we’ll treat you for the syphilis for sure; and then you will need the vaccine. So, will be the flu shot, and also hepatitis … |
| 00:21:23.0 | PT | A flu shot. |
| 00:21:23.5 | HCP1 | The flu shot. They’re for prevent influenza, prevent the flu. And so, we’ll get a hepatitis B vaccine, to prevent the, uh, virus that can cause, like, liver inflammation. Uh, and also, we will start you on the medication. 00:21:44.5 |
| 00:21:44.5 | PT | Okay. |
| 00:21:44.8 | HCP1 | All right. We’ll come back with Dr. [Secor]. |
| 00:21:46.4 | PT | Okay. Thank you. |
| 00:21:47.2 | HCP1 | All right. |
|  |  | 00:21:48.4 - 00:27:42.2 BREAK IN CLINICAL INTERACTION |
| 00:27:42.2 | HCP2 | [00:27:42.2] |
| 00:27:44.0 | PT | Okay. |
| 00:27:44.2 | HCP2 | Did you want your friend [00:27:45.5]? |
| 00:27:46.1 | PT | Yes. |
| 00:27:47.0 | HCP2 | What’s his name? |
| 00:27:47.7 | PT | Corey. |
| 00:27:48.2 | HCP2 | Okay. |
| 00:27:48.7 | PT | Thank you. |
|  |  | 00:27:49.1 - 00:30:13.5 BREAK IN CLINICAL INTERACTION |
| 00:30:13.5 | HCP4 | [00:30:13.5] then I’ll be back. |
| 00:30:18.6 | PT | Thank you. |
| 00:30:19.1 | HCP5 | You’re welcome. All right. I’ll be back. |
| 00:30:20.9 | HCP4 | Okay. |
| 00:30:21.4 | PT | Okay. –  Thank you. |
| 00:30:25.8 | HCP4 | No problem. |
|  |  | 00:30:26.7 - 00:30:53.0 BREAK IN CLINICAL INTERACTION |
| 00:30:53.0 | PT | Come in. |
| 00:30:54.8 | HCP6 | [XXXX] |
| 00:30:55.8 | PT | Yes. |
| 00:30:56.0 | HCP6 | Hi. I’m Haley. How are you? |
| 00:30:58.3 | PT | Good. How are you? |
| 00:30:58.8 | HCP6 | Nice to meet you. Good. |
| 00:31:00.3 | PT | Haley. I love that name. |
| 00:31:01.6 | HCP6 | Oh, thank you. |
| 00:31:02.7 | PT | No problem. |
| 00:31:03.0 | HCP6 | It’s becoming a more common name nowadays I hear. |
| 00:31:05.5 | PT | It is. I like it. |
| 00:31:06.8 | HCP6 | All right. So I’m going to tell you about research really quick, because Dr. [Secor] is about to come in. Oh. [00:31:10.8] |
| 00:31:12.6 | HCP7 | Hi. |
| 00:31:12.9 | HCP6 | Hey. |
| 00:31:13.5 | HCP7 | Oh. We have recorder set up. |
| 00:31:15.3 | HCP6 | Yes. |
| 00:31:15.3 | HCP7 | Okay. Hi, how are you doing? |
| 00:31:16.3 | PT | How are you doing? I didn’t see you last time |
| 00:31:17.7 | HCP7 | So, can I borrow him for two seconds? |
| 00:31:20.1 | HCP6 | Yes, you’re fine. |
| 00:31:20.4 | HCP7 | Because we were going to talk about starting meds. Okay, I think we talked it last time, but then … |
| 00:31:25.4 | PT | Yes. |
| 00:31:25.4 | HCP7 | … you would come back today to see if you would, you know, were on board with all that. Okay. |
| 00:31:30.2 | HCP6 | Okay. So I’ll be back. |
| 00:31:31.7 | HCP7 | Okay. I know, everyone wants to talk to you about therapies and stuff. You know, it’ll actually be good, because um, when you’re on studies, we get you, um, we can get you transportation and stuff, too. But we’ll get you here one way or the other. So, um, since you were here, I understand, like, there’s not a huge change; same sort of things that were going on last time. Is that – that sound correct to you? |
| 00:31:58.5 | PT | Um, uh, yes. It just got, like, worse. |
| 00:32:03.7 | HCP7 | In what way? |
| 00:32:05.0 | PT | Like, like, the way I feel about the situation. |
| 00:32:09.9 | HCP7 | Yes. |
| 00:32:10.0 | PT | Like, I’m trying to be strong about it, but it’s, it’s hard. I’m [00:32:15.4]. |
| 00:32:15.2 | HCP7 | So you think you were coping better when you first heard; and now that you’ve had time to think about it … |
| 00:32:20.0 | PT | I mean … |
| 00:32:20.3 | HCP7 | … it’s a little more … |
| 00:32:20.3 | PT | … I do kind of feel better that I did tell my mom. |
| 00:32:22.8 | HCP7 | Good. |
| 00:32:23.5 | PT | Because, I told her last night. |
| 00:32:24.1 | Hpc7 | I’m happy to hear that. Yes. |
| 00:32:25.7 | PT | And she said she was here for me. So … |
| 00:32:27.2 | HCP7 | Okay. Great. |
| 00:32:28.5 | PT | That does make me feel better. That’s all I’m concerned about. |
| 00:32:31.3 | HCP7 | Do you want to bring her in one time with you so she can … |
| 00:32:33.5 | PT | My mom? |
| 00:32:33.9 | HCP7 | Meet us? Yes. |
| 00:32:35.0 | PT | Yes, I’ll bring her in one time. |
| 00:32:35.8 | HCP7 | You know, that would, that would be fine; and we’ll still talk to you separately, and with her; but she may have questions and such. So, the big question is starting meds. We’d like to get you started. There was a little bit of resistance to some of the meds, but we would still be able to start that one pill once a day that we talked about. Your viral load was not too high; so you can start that Complera if you are interested. |
| 00:33:02.3 | PT | What do you mean by that? |
| 00:33:03.5 | HCP7 | It’s one pill once a day, and it has three medications in it. So it’s easier to take. That’s the one that we discussed last time … |
| 00:33:10.6 | PT | [00:33:10.6] |
| 00:33:10.6 | HCP7 | … that you only take once a day. Yes. |
| 00:33:12.6 | PT | Okay. |
| 00:33:13.0 | HCP7 | Yes, and you’d take it once a day with food. |
| 00:33:16.2 | PT | With food. |
| 00:33:16.8 | HCP7 | Yes. You have to eat with it so it’s absorbed well. |
| 00:33:19.3 | PT | Okay. |
| 00:33:19.6 | HCP7 | And it has less side effects than some of the other meds, so we’d like to start with that, if we can. But the big thing is, you have to remember to take it every day so you don’t get resistance; because you already have resistance to a few of the medications. Like, I’ll show you for example, this is a list of the various meds. |
| 00:33:38.4 | PT | That I would have to take. |
| 00:33:38.7 | HCP7 | And S means – no. These are the meds that you could take, that you’re sensitive to. But the Rs mean you’re resistant. Usually when people first get infected, it’s all S’s; but you inherited some resistance. Now, we don’t usually use these meds so much anymore; but it just makes us nervous that your virus is resistant to a couple of things. So we want to get you started and under control. |
| 00:34:04.1 | PT | So what, what does that mean? Like … |
| 00:34:05.8 | HCP7 | It means that you couldn’t take those meds where it says R. It means that the virus is resistant to those. And … |
| 00:34:13.4 | PT | Okay. I’m allergic to it or something. |
| 00:34:15.4 | HCP7 | No. No. Resistant means it wouldn’t work … |
| 00:34:18.6 | PT | Oh. |
| 00:34:18.8 | HCP7 | … for you. So, the thing with HIV is that, if you don’t take the meds every day, that the virus can get resistant, and it – and the meds don’t work. So that’s why we bug you so much: Did you take it? Did you take it? Did you take it? |
| 00:34:36.9 | PT | I, I [00:34:37.5] |
| 00:34:37.5 | HCP7 | We want to make sure that you take it every day. And then, like, what happens sometimes is, people will come in in a month and say, oh, I took it about half the time. And then, like, you get to watch us cry; because that, it doesn’t work like that. |
| 00:34:50.8 | PT | Well, you’ve got to take medicine or, two days later, that’s it, you’re going to be gone. You’ve got to do it every day. |
| 00:34:55.5 | HCP7 | You’ve got to do it every day. Some things you wouldn’t – like, if you had high blood pressure, and you’re taking meds, you’re supposed to take it every day; but you wouldn’t get resistant to it. It would still work if you took it every day [sic]. But HIV, the virus, um, changes to adapt if let it, um, if you let it grow in your bloodstream. So if it gets, if it grows, it can be resistant; and it sees the meds, and then it adapts to them. So we don’t want, want you to let it adapt. Keep the virus down here. Make sense? |
| 00:35:32.0 | PT | Yes, and I guess the lady from the lab, I guess she said it was high. |
| 00:35:37.1 | HCP7 | It’s not real high. It’s, um, for, for someone not on meds, you’re at 36,000. That’s not – that’s – you know, once you’re on meds … |
| 00:35:47.5 | PT | I thought it was high. |
| 00:35:47.7 | HCP7 | … that’s going to go less than 20, once you’re on meds. |
| 00:35:49.8 | PT | So does that tell you when I got it, or …? |
| 00:35:52.3 | HCP7 | No. But when we said that it’s high, if this was 236,000, we’d say that was high. This is – you know, there’s virus in your blood; but I think that, once you start medicine, it’s going to go down very easily. Within a couple of months, it will be down to less than 20; maybe even a couple of weeks. And … |
| 00:36:13.6 | PT | But I will never get rid of it. |
| 00:36:15.7 | HCP7 | Um, never is a long time; and we don’t know what’s going to be invented. Like, you know, when I started doing this work, there were no meds. So, things change, right? You know, so, we don’t know when there’s going to be a cure. We, we do know that it’s really important to treat it; because it’s treatable now. So it would be very good to stay on the med every day. And so maybe when you’re 30, there’s going to be a cure; and then you’ll be in good shape to get it. Okay? |
| 00:36:47.3 | PT | Okay. Thank you. |
| 00:36:47.9 | HCP7 | So, you know, and maybe when you’re 60 there’ll be the cure. We don’t know when … |
| 00:36:50.6 | PT | I don’t know if I’ll even make it to 60. |
| 00:36:53.2 | HCP7 | Why wouldn’t you make it to 60? |
| 00:36:54.5 | PT | I’ve got HIV. I don’t – I don’t even think I’m … |
| 00:36:57.2 | HCP7 | H-I … |
| 00:36:57.2 | PT | … going to make it to my 21st birthday. |
| 00:36:59.5 | HCP7 | Well, there should be no reason having to do with HIV that you don’t make it to 60; because what I’m going to say is, it’s not 1980 anymore. There’s treatment for this. So you take the pills, and it treats it; keeps the virus low in your blood, and your immune system stays normal. So you’re just like anyone else, as long as you stay on your meds. Does that make sense? Just – you’ve got to say that to yourself every morning when you get up. If I take this, I’m going to be fine; because it’s true. People – if people die from HIV now, it’s because they choose not to take their meds. Uh, and you should say, why would anyone do that? I don’t know. But some people don’t take their meds. But those are the only people who get AIDS. No one who takes their meds every day should get sick. |
| 00:37:46.3 | PT | So, it should turn into – my HIV could turn into AIDS? |
| 00:37:49.4 | HCP7 | If you don’t take your meds. But are you going to take your meds? |
| 00:37:52.3 | PT | Yes. I’m going to. Yes. |
| 00:37:52.4 | HCP7 | Yes. So, so you’re not getting AIDS. Okay? |
| 00:37:55.5 | PT | [00:37:55.5] |
| 00:37:56.0 | HCP7 | You’re not getting AIDS. Okay? You can’t have that. You only get AIDS if you let the virus get high and it kills your T-cells. If you take your meds, and the virus doesn’t get high in your blood, and it doesn’t kill your T-cells, you’re fine. Make sense? |
| 00:38:16.9 | PT | Mm-hmm. |
| 00:38:17.0 | HCP7 | Now, we’ve got to work on your nose, too, because you do have that allergic nose. Did we do allergy test? |
| 00:38:23.9 | PT | You said something about some, some spray stuff. I don’t know. |
| 00:38:27.1 | HCP7 | Yes. Did you get that? |
| 00:38:28.5 | PT | No. I never got [00:38:30.1]. |
| 00:38:29.4 | HCP7 | Because we sent it in. Um, what pharmacy did you give the front desk? |
| 00:38:34.0 | PT | Um, didn’t you all say you were going to send it to my address? |
| 00:38:37.1 | HCP7 | Mm, so, we send it to MedCard, and they were going to deliver. |
| 00:38:41.2 | PT | I don’t know. I could, I, I was waiting, but I didn’t, didn’t ever come in the mail. |
| 00:38:45.7 | HCP7 | Okay. While you’re doing the study I’m going to find out about that, because it should come, be delivered to your house; because I can hear you breathing. That means that you have an allergic nose. You need [00:38:56.6]. |
| 00:38:57.1 | PT | But I can breathe by my nose, but I’m guessing I still breathe loud … |
| 00:39:00.9 | HCP7 | Yes. |
| 00:39:01.1 | PT | … when I breathe by my nose. |
| 00:39:01.9 | HCP7 | Yes. You do. Yes. I can hear you, yes. |
| 00:39:04.3 | PT | It’s so irritating. |
| 00:39:05.7 | HCP7 | Well, I’s, you know, it, it’s just, um, a lot nicer if you could actually breathe through your nose and not, you know, have problems. |
| 00:39:14.3 | HCP2 | Could help you to sleep, too. |
| 00:39:15.1 | HCP7 | Yes. –  That’s what the problem is. It’s not – you don’t have sleep apnea. You have a nose that’s blocked. So if you could get the swelling down, you’d be fine. Um, we won’t do allergy test today, because there’s too much going on. We’re going to wait until things settle, and you come back for your blood test; and we’ll do that. Okay? Did you get your flu shot last time? |
| 00:39:37.6 | PT | No. |
| 00:39:38.7 | HCP7 | So we’ll do that today. That’s one thing that’s important. But let me, um, that nose is, uh, it’s almost blocked; so we’re going to get the mailed straight to your house. Let me see how you sound. But you don’t get asthma. |
| 00:39:51.5 | PT | I think I’ve got, I think I’ve got asthma, bronchitis. I don’t know which one. |
| 00:39:56.2 | HCP7 | When’s the last time you had an attack? |
| 00:39:58.7 | PT | An asthma attack? |
| 00:39:59.4 | HCP7 | Yes. |
| 00:40:00.6 | PT | I don’t think I’ve ever had one. |
| 00:40:02.0 | HCP7 | Okay. Do you, um … |
| 00:40:02.6 | PT | But I, I did used to have [00:40:04.0]. |
| 00:40:04.5 | HCP7 | Did you used to use an inhaler for your breathing? |
| 00:40:06.9 | PT | Mm-hmm. |
| 00:40:07.0 | HCP7 | How long ago? |
| 00:40:08.4 | PT | It was about [00:40:10.7] no. I didn’t use an inhaler. I used a breathing machine. |
| 00:40:13.7 | HCP7 | Okay. Okay. So you were younger. |
| 00:40:15.6 | PT | Mm-hmm. |
| 00:40:16.4 | HCP7 | And how long ago did you use that? |
| 00:40:18.8 | PT | I had to be about eight, nine. |
| 00:40:22.3 | HCP7 | Okay. We’re going to get you back in here. We’re going to take care of the medicine today. We’re going to get you back in here, like, The first week of January; and when you’re back for, um, to have your blood checked to make sure the medicine’s working well, we’re going to do a skin test and see what you’re allergic to, and see if we can get that nose under control, as long as you’re here. You might as well get two for one, right? |
| 00:40:43.2 | PT | Yes. |
| 00:40:43.2 | HCP7 | So, we’ll see how you sound. Deep breath. So, I forgot. You were, like the extreme preemie with all the … |
| 00:41:03.3 | PT | Yes. |
| 00:41:03.2 | HCP7 | You can almost connect the dots and make a picture back there. |
| 00:41:05.4 | PT | Yes. –  Yes, on my arms. |
| 00:41:08.2 | HCP7 | I know. On your arms from, uh, yes, but they healed nicely, you know. I bet your mom didn’t expect you to grow this tall. |
| 00:41:16.0 | PT | Mm, mm. [00:41:16.6]. |
| 00:41:17.7 | HCP7 | Yes. |
| 00:41:18.1 | PT | I wasn’t supposed to be here. |
| 00:41:19.9 | HCP7 | Yes. You weren’t quite the size of – |
| 00:41:23.1 | PT | Yes. Mom said I was, like, my head was the size of a, a quarter. |
| 00:41:27.2 | HCP7 | Like this. Yes. But look at you now. You’re going to be fine. We took care of you then. We’ll take care of you now. Okay? – |
| 00:41:35.8 | PT | Thank you. |
| 00:41:36.4 | HCP7 | So, and we’ll take care of that nose, too; because that’s going to be more annoying than your HIV, I promise. |
| 00:41:41.7 | PT | Yes. [00:41:42.2] |
| 00:41:42.2 | HCP7 | And we’ll take care of that, too. |
| 00:41:44.8 | PT | Okay. Thank you. |
| 00:41:44.8 | HCP7 | We’ll take care of all this. We’ve got two shots for you today. We’ve got the flu, and – oh, most important thing: Did you ever get treated for syphilis? |
| 00:41:54.0 | PT | No, but the lab, the, uh, the lady – I [00:41:56.7] I really don’t know. |
| 00:41:58.3 | HCP7 | Who called you? |
| 00:41:59.2 | PT | Some lady from the lab, but she told me I had [00:42:01.3 ] … |
| 00:42:01.3 | HCP7 | She [00:42:01.3] from, from the state. Okay. Yes. Yes. |
| 00:42:03.8 | PT | She, she told me I had syphilis. |
| 00:42:05.4 | HCP7 | So we’re going to treat you today. Sorry, that’s going to be worse than … |
| 00:42:10.6 | PT | [00:42:10.6] |
| 00:42:10.6 | HCP7 | … you know, because we – well, because it’s, it, they, the shots hurt. But, um, we have to treat you three weeks in a row. So we’re going to see you for a while. How are we going to do – okay. We’ll give you the first shot today. We’ll talk, okay? I’m going to go get – I’m going to order the shots. It’s penicillin. You have any allergies to drugs? |
| 00:42:31.7 | PT | What do you mean drugs? |
| 00:42:33.2 | HCP7 | Um, are you allergic to anything, that you can’t take? |
| 00:42:35.8 | PT | Not that I know of. |
| 00:42:36.2 | HCP7 | No. Okay. Excellent. |
| 00:42:37.7 | PT | I would like to find out what I’m allergic to, though. |
| 00:42:40.1 | HCP7 | Yes. We’ll do the – there are different types of allergies, but we’re going to test for things in the air that would be causing the nose problem next time we see you. But for the, for the syphilis, we only worry about penicillin allergies. So if you haven’t had that problem, you’re good. We’re going to give you a shot, each side of your behind, today; and then again next week and the week after. |
| 00:43:02.7 | PT | Oh my God. |
| 00:43:03.2 | HCP7 | You – because you, um, were exposed to syphilis at some point, um, when you had – you had sex with someone who had syphilis, and you didn’t know it; and it’s in your blood. So we have to treat it; and we’ll get rid of it, okay? That’s curable. But we have to do three times, because we don’t have a previous test. Okay? Sorry, kiddo. |
| 00:43:23.6 | PT | Okay. That’s okay. Thank you. |
| 00:43:24.9 | HCP7 | So, there’ll be needles involved today. |
| 00:43:26.8 | PT | Better for me to know the truth than just wondering. |
| 00:43:28.5 | HCP7 | Yes. Well, and we’re, and better to know the truth so we can fix it. So … |
| 00:43:32.9 | PT | Thank you. |
| 00:43:33.6 | HCP7 | Yes. |
| 00:43:34.9 | PT | Excuse me. |
| 00:43:35.2 | HCP7 | You all right? Okay. We’ll be back. |
| 00:43:37.6 | PT | I’m lightheaded. |
| 00:43:38.8 | HCP7 | Yes. I, uh, after that news, I don’t blame you. Because – it hurts a little bit, but you’ll be okay. It’s not – you know, you’ll feel better once you get on medication and once you get treated for the syphilis. All right? Okay. |
| 00:43:51.0 | PT | Thank you. |
| 00:43:51.5 | HCP7 | So, you’re going to – we’ll be back in a bit, because I’m going to find out about that medicine, and I’m going to send [Sharnell] to talk to you … |
| 00:43:57.9 | PT | Okay. Thank you. I appreciate it. |
| 00:43:59.5 | HCP7 | … about this study. So, you take it easy. |
| 00:44:03.1 | PT | Okay. |
| 00:44:03.5 | HCP7 | And I’ll come back at the end and see if you have other questions; and I think Nikki wants to meet you, our psychologist. But … |
| 00:44:09.4 | PT | I think … |
| 00:44:09.4 | HCP7 | … you know, you don’t have to do everything in one day. We’ll see, you know. |
| 00:44:12.3 | PT | That’s okay. She can … |
| 00:44:13.3 | HCP7 | She can come in? Good. Okay. |
| 00:44:16.1 | PT | Thank you. |
| 00:44:16.8 | HCP7 | Sure. Take care. |
| 00:44:17.5 | PT | Okay. All right. |
|  |  | 00:44:20.9 - 00:44:51.3 BREAK IN CLINICAL INTERACTION |
| 00:44:51.3 | Unidentified speaker | All right. I’m going to stop … |

[End of recorded material at 00:44:55.4]